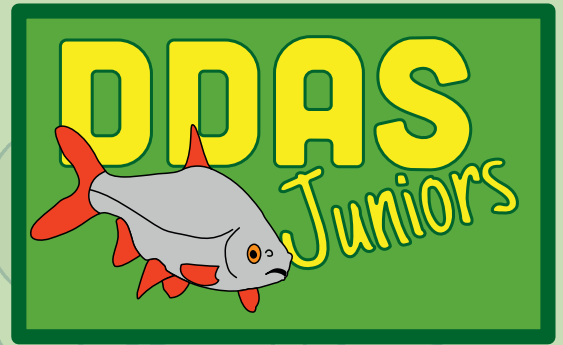


# **CRITERIA FOR JUNIOR COACHING LEVEL 1 ROACH**



1. Basic Health and Safety
2. Set up a Whip with a pole rig
3. Tie a recognised loop knot
4. Preparation, care, and use of live maggots
5. Use a disgorger to safely remove hooks unaided
6. Identify 4 out of 8 fish species
7. Basic fish care (All species)



In order to pass Roach Level One, Participants will be required to do the following.

1. Attend a tutorial about health and safety at the waters edge.
2. After a tutorial that will demonstrate how to set up a Whip and attach a rig, participants will need to show understanding by setting up a Whip on their own.
3. After a tutorial that will demonstrate how to tie a recognisable loop knot, participants will then need to show understanding by tying loops on their own
4. Participants will be shown how to prepare, take care of, and use live baits like maggots.
5. After a tutorial that will demonstrate how to use a disgorger correctly, participants will need to show understanding by using a disgorger on their own
6. Participants will be shown eight random pictures of fish of the lead coaches choice. You will need to get four out of the eight correct in order to pass.
7. Looking after the fish that you catch is the most important thing to learn. This tutorial will show you how.